

Synchro-Kata

Martial aspect

4/20

Bows (greetings), clothes

Expectations: Attitude, clean kimonos...

Does not count: Different belts/kimonos (color, size...)

Technical aspect

8/20

The most perfect way of performing the chosen kata with the correct material, clothes...

Expectations: Kata overall difficulty, speed, realistic strikes

Synchronization

8/20

From the starting bow to the final bow

Expectations: Larger groups are harder to synchronize, thus they get more points